



ACCI

Rooted & Rising



2025 Edition 2



Rooted & Rising

Celebrating Faith, Fun, and Fellowship!



Updates & Exciting News!

- **Anchor Kidz Day:** Sunday, 7th December 2025 – Save the Date! 🎉
- **Project 10 Update:** Elder Sandra shares progress and upcoming plans.
- **Anchor Music Academy Workshop:** Thursday, 30th October 2025 at 3:30 p.m.
- **Performance Day:** Sunday, 2nd November 2025 at 10:00 a.m. – Come Cheer our Talented Kids! 🎵

New Beginnings



We are thrilled to announce that our Campus Wing (University Jesus Union) will now be led by two of our youth leaders! A decisive step in nurturing the next generation of church leaders.



Watch this Space: *Great things are unfolding!*



From the Editor's Desk



Anchoring Our Children in Faith

Welcome to this edition of the Rooted & Rising Newsletter!

At Anchor, we are passionate about helping children and the youth grow up in the knowledge and fear of God. Nurturing faith from a young age equips our children to live purposeful, God-Centred lives and prepares them to be positive role models in their families, schools, and communities.

Anchor Kidz and Contemporary are Ministries of **Anchor Church International (ACCI)**, dedicated to reaching out, instructing, teaching, and training our young ones and the next generation with sound, practical, and down-to-earth biblical teachings.

Our goal is simple yet profound: to help the next generation know God for themselves, embrace His Word, and allow it to shape their thoughts, actions, and character.

Our Purpose: To raise children who grow up as Christians with godly values, impacting their generation with integrity, love, and compassion.

Our Mission: To implement and cement God's Word in the hearts of our children and youth so they can develop a personal relationship with Him.

Our Vision: To uncover and develop each child's potential, build their confidence, and empower them to shine as lights in their world. This periodical offers a glimpse into the exciting journey our children embark on each week, as they discover God's love, learn biblical truths, and put their faith into action. At Anchor, we know that planting seeds of faith today nurtures the leaders of tomorrow, and we are thrilled to share their journey with you!

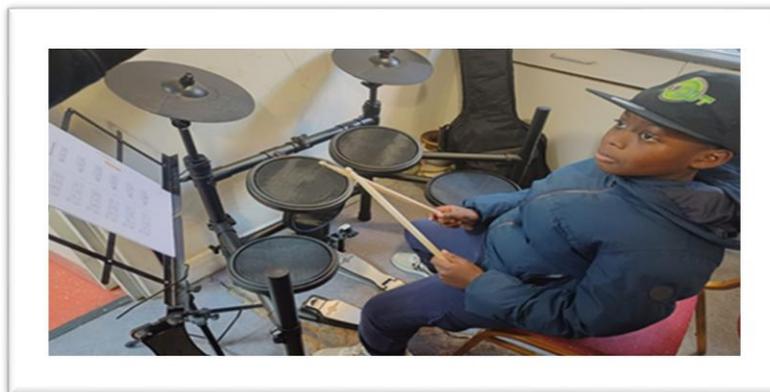


Dr M. Acquah



Project 10.

Budding Musicians....



Our Faith Walk.... Our Learning: May to September

Anchor Kidz - "Faith in Action: Growing Stronger Together"



From May to September, our Sunday school children have been on an exciting journey, exploring how faith, teamwork, and God's promises shape their lives. Each month brought a new theme, and the children eagerly dived into stories, crafts, games, and discussions that helped them see God's work in everyday life.

May: Teamwork & Partnership

Our children discovered the joy and power of working together. Through stories like **Moses and Aaron** and **Paul and Barnabas**, they learned that everyone has an important role and that partnerships can make God's work more impactful. Activities like building structures together and assembling "Partnership Puzzles" helped them experience teamwork firsthand. They also explored how challenges, like disagreements, can be overcome when we work together, ending the month by celebrating collective achievements and learning to encourage one another.

June: Fatherhood

June focused on understanding **God as our Heavenly Father** and appreciating earthly fathers. Through lessons about **Abraham, Joseph, David, and Solomon**, the children explored trust, obedience, protection, and leaving a godly legacy. Creative activities like "Adopted by God" certificates, Father's Day cards, and Legacy Trees helped them connect biblical examples to their own lives, deepening their understanding of God's love and their place in His family.



July: Discipleship

In July, the children learned what it means to follow Jesus. From **“What is a Disciple?”** to **“Go and Make Disciples,”** they explored commitment, service, and sharing faith. Fun games like “Follow the Leader” and crafting “Mission Maps” helped them understand discipleship practically. They reflected on acts of kindness, service, and courage, discovering that following Jesus is both a joyful adventure and a responsibility.

August: The Call

August taught the children about God’s call in everyday life. Using stories of **David, Samuel, and Moses,** they learned that God looks at the heart, calls ordinary people to do extraordinary things, and gives courage to step out in faith. Creative activities like “Inside Out” boxes, “Courage Cards,” and “Calling Cards” helped children see that following God means listening, being brave, and shining His light to others.

September: Sunrise & Laughter

September focused on God’s faithfulness, joy, and hope. Lessons like **“Joy Comes in the Morning”** and **“A New Day with Jesus”** showed the children how God brings joy after sorrow, keeps His promises, and offers fresh starts. Activities like “Before and After” drawings, “Fresh Start Breakfasts,” and building a “Joy Wall” encouraged the children to reflect on God’s goodness and celebrate His faithfulness.

Lessons Learnt & Faith Growth

Over these months, our children have not only memorised verses and heard stories—they’ve **lived the lessons.** They learned that:

- Faith is strengthened through **teamwork and partnership.**
- God’s love is like a **perfect father,** guiding and protecting them.
- Following Jesus requires **commitment, service, and courage.**
- Listening to God and responding to His call leads to **growth and joy.**
- God brings **hope, restoration, and laughter,** even after difficult times.

Through crafts, games, discussions, and reflections, the children developed a **deeper understanding of God’s Word,** strengthened their relationships with one another, and experienced how faith can transform everyday life. Our children are learning to **walk boldly with God, share His love, and celebrate His faithfulness** a foundation that will guide them for years to come.



Read for the Month: Faith

Faith Journey

Pilgrim's Progress: Bitesize Adventure



The Journey Begins

Once upon a time, in a city called Destruction, there lived a man named Christian. Christian found a book that spoke of a wonderful place called the Celestial City, a place filled with joy and happiness. But there was a problem—Christian had a heavy burden on his back, and he couldn't enjoy life with it weighing him down. Determined to find the Celestial City and get rid of his burden, Christian set off on an exciting journey.

As Christian left the city, he met a man named Evangelist who pointed him towards a shining light in the distance. "Follow the light," Evangelist said, "and it will lead you to the gate where your journey truly begins."

Think: What burdens do we carry, and how can God help us release them?

Application: Just like Christian, we all have burdens or worries. In our faith, we can pray and ask God to help us carry these burdens. Remember, God's love and guidance are like the shining light that leads us to peace and joy.

The Slough of Despond

Christian continued his journey, but soon found himself in a muddy swamp called the Slough of Despond. The more he struggled, the deeper he sank. Just when he thought he would be stuck forever, a kind man named Help reached out and pulled him to safety.

Help explained, "This swamp is where doubts and fears try to trap travellers. But remember, you're not alone. There's always help along the way."

Think: When we feel stuck, who can we turn to for help?

Application: In life, we might feel like we're sinking in our problems. But God sends us friends, family, and His own strength to pull us out. Always reach out for help and trust in God's support.

The Wicked Gate

Christian finally reached the Wicked Gate, where he knocked and knocked until a man named Goodwill opened it. Goodwill welcomed Christian, saying, "This is the way to the Celestial City. Stay on the straight path, and you will find what you seek."

Christian felt lighter knowing he was on the right path, but Goodwill warned him, "There will be challenges, but keep your faith strong."

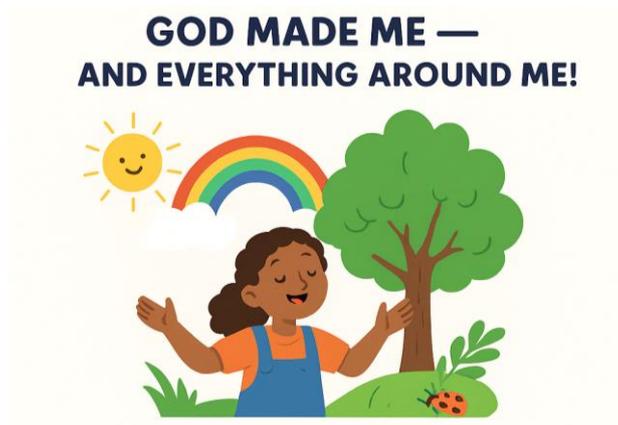
Think: How can we keep our faith strong when facing challenges?

Application: The path to living a life of faith isn't always easy, but by staying true to God's teachings and trusting in His plan, we can overcome any obstacle. Our faith is like a guiding light that helps us make the



Bite Size Doctrine

✿ God Made Me & Everything Around Me!



Have you ever looked at the sky, a big tree, or even a tiny ladybug and thought, "Wow, who made all this?" The answer is God!

God is our Creator. That means He made everything — the stars in the sky, the oceans, the mountains, and even you! And the amazing part? He called it all **good**. When God made the world, He wasn't just creating things to look pretty. He made them to **work together**, to **provide for us**, and to **show His love**.

But God didn't stop at creation. He **sustains** it. That means He keeps everything working. The sun shines, rain falls, plants grow, and animals find food — all because God is caring for His creation every single day. And guess what? That includes **you too!** He has a special plan for your life, just like He planned the world.

When we remember that God made everything and cares for it, it can change how we live. We can:

- **Take care of nature** by picking up litter, recycling, or planting trees.
- **Say thank you** to God for the amazing world around us.
- **Notice God's fingerprints** in everything, from the tiniest bug to the tallest mountain.

So next time you see a rainbow, hear birds singing, or feel the warm sun on your face, remember: **God made it all, and He made YOU.**

✦ Think

1. What's your favourite thing in creation that shows God's amazing work?
2. How can you take care of the world God made?
3. What do you think God's plan for your life might be?

Parents Corner: Keep Up!



Embracing AI with Care

Let's navigate this exciting world together—one riddle and math problem at a time!

AI is neither good nor bad; it's how we use it that matters. As parents, educators, and mental health professionals, we need to guide our kids in using AI responsibly. By teaching digital literacy, setting boundaries, and fostering critical thinking, we can help them harness AI's benefits while avoiding its pitfalls.

AI and Mental Health

AI can impact our children's emotional well-being. Too much reliance on AI for entertainment or problem-solving can erode self-confidence. Social media, with its AI algorithms, can be addictive and make kids feel inadequate. It's important to talk openly about these challenges and encourage digital detoxes.



Navigating AI with your kids can be a breeze with these tips:

- ✓ **Teach Digital Literacy:** Help your kids understand what AI is and how it works. Explain that AI can be helpful but isn't always perfect.
- ✓ **Set Boundaries:** Make rules for AI use, like using it to assist with homework but not to do it entirely. Think of AI as a diving board—it helps you jump in, but you still need to swim!
- ✓ **Monitor Screen Time:** Encourage breaks and balance AI use with offline activities like reading, playing outside, and creative projects.
- ✓ **Foster Critical Thinking:** Teach kids to question information, even from AI. Encourage them to cross-check facts and think independently.
- ✓ **Focus on Collaboration:** Show how AI can enhance learning and creativity. Kids can use AI to brainstorm ideas but should do the actual work themselves.

Selection Exams: All You Need To Know

The 11 Plus: A Parent's Guide

If your child is approaching the end of primary school, you may have heard of the **11 Plus exam**. This guide breaks down what it is, who takes it, and how to prepare effectively.

What is the 11 Plus?

The 11 Plus is an academic test usually taken around **age 11**, marking the end of primary school. It covers:

- **English**
- **Maths**
- **Verbal and Non-Verbal Reasoning**

The format varies across the UK, depending on the exam board or school:

- **Grammar schools:** Often multiple-choice, regulated by GL (Granada Learning) or CEM (Centre for Evaluation and Monitoring). Some include a writing task.
- **Independent schools:** Often use the **ISEB Pre-Test** (Independent Schools Examinations Board) plus school-specific papers, sometimes including **creative writing** and interviews.

Who Can Take It?

- Typically, children in their final year of primary school (Year 6, age 10–11).

- **Grammar schools:** Most children can apply, but check individual school requirements.
- **Independent schools:** Usually require the ISEB Pre-Test; some schools add interviews or extra exams for selective entry.

Application & Exam Timeline

- **Applications:** Usually submitted in **Year 5**, during spring or early summer.
- **Exams:** Usually take place in **Autumn of Year 6**.
- **Tip:** Watch deadlines carefully and follow instructions from your local authority or school to secure your child’s place.

Key Differences: Grammar vs Independent Schools

Feature	Grammar Schools	Independent Schools
Exam format	Multiple-choice	School-specific written papers
Subjects	English, Maths, Verbal & Non-Verbal Reasoning	English, Maths, Creative Writing
Assessment style	GL: traditional written test CEM: online adaptive test	ISEB Pre-Test, sometimes interviews & extra exams

11+ Preparation Timeline

Year 4: Building Foundations

- **Sept - Oct:** Strengthen English & Maths basics, introduce light reading.
- **Nov - Dec:** Familiarise with 11+ style questions and creative writing.
- **Feb - Mar:** Introduce timed exercises; consider light tuition.
- **May - Aug:** Review progress, practice past papers, and establish a gentle study routine.

Year 5: Intensive Preparation

- **Sept - Oct:** Implement a structured study plan, increase practice exams.
- **Nov - Dec:** Full-length timed tests, refine exam strategies, maintain light holiday study.
- **Feb - Mar:** Final intensive review, mock exams, prepare for exam day.
- **May - Aug:** Reflect on exams, focus on transition to secondary school, and address any remaining concerns.

Meet The Team...

